



Ear, Nose, Throat & Plastic Surgery Associates, P.C.

About Your Surgery

Your physician has recommended surgery to treat your medical condition. Besides this being a medical decision, it is also a financial decision. Our physician will bill your insurance for the surgery (procedure).

Your insurance will also be billed by:

1. The surgical facility (hospital or surgery center).
2. The anesthesiologist.
3. The pathologist.

Please know your benefits by checking with your insurance company.

- Check that your surgery is a covered benefit by giving them the codes below. Ask what your deductible, coinsurance and co-pay are for surgery. You should also find out if precertification or prior authorization is needed. Any cost not covered by insurance is your responsibility.
- Check to make sure the facility is “in network”. If you find out it is not, please call us right away.

Procedure Code(s): _____

Diagnosis Code(s): _____

Paperwork

There is a \$15.00 charge to fill out your 1st sick leave/disability paper and \$5.00 for each form thereafter. This must be paid before we will fill out the forms.

Registration Phone Call

Registration staff from the Surgery Department will contact you by phone to complete your registration. They will need your name, address, insurance and emergency contact information. Please have your insurance card available.

Pre-Op Phone Call

You will be contacted by phone by a pre-op nurse prior to the date of your surgery. During this call, the nurse will review your health history, including your medications and any allergies and review specific instructions for what you need to do prior to your surgery.

One Week Prior to Surgery

Please **DISCONTINUE Aspirin, Motrin, Ibuprofen, Aleve, Celebrex, any blood thinners, Vitamins E & K, garlic, ginko and fish oil** for 7 days prior to surgery. If you are taking any medications, please make sure our office is aware of this prior to your surgery.

*A \$50.00 cancellation fee will apply if you cancel surgery without 72 hours notice given to our office.

The Night Before Your Surgery/Procedure

Do not eat or drink anything after midnight the night before your surgery; not even water, gum, breath mints, or tobacco products (including cigarettes). Your doctor may give you more detailed instructions. Failure to follow

these instructions will result in cancellation of your procedure. If instructed, swallow the pills you are told to take the morning of your surgery with just a sip of water.

Day of Your Surgery/Procedure

- Leave valuables at home, including: cash, credit cards, checkbooks, jewelry, items of sentimental value, or valuable items (including valuable clothing).
- All jewelry, including body jewelry, must be removed before surgery. This includes wedding bands due to post-op swelling.
- You may brush your teeth the day of your surgery, but do not swallow any water, toothpaste or mouthwash.
- Shower and wash and dry your hair before coming for your surgery/procedure. It could be a day or longer before you can do these things again. (If your hair is wet or damp, it is difficult to stay warm.) Do not use hairspray, perfume, cologne or nail polish.
- Do not wear make-up or mascara.
- Bring a case to safely store: eyeglasses, contact lenses, hearing aids and dentures.
- Bring eye drops, respiratory inhalers or CPAP if you use them.
- You may bring reading materials.
- Identify a family member or friend who can help you make your hospital stay and discharge go smoothly. Give this person's name to the admitting nurse or family contact volunteer.

Arrive at the Hospital

On the day of surgery, you will be asked to arrive at the hospital/surgery center 1 to 1 1/2 hours before your surgery. It is possible that your procedure time may be moved due to unforeseen cancellations or emergencies. Please bring the following items with you to the hospital:

- A list of all your medications including herbal products, vitamins and non-prescription medicines. Include the medicine name, strength and how often you take it.
- Insurance card(s)
- Clothes that will fit comfortably over your surgical area.
- Pacemaker card (if you have one).

Friends and Family

Friends and family members are welcome to wait in the waiting room during your surgery. Space is limited. Once your surgery is over, your doctor will meet with a designated family member or friend to update them on your condition.

Planning Ahead for Going Home

Talk to your care partner about:

- Giving you a ride home after you are discharged.
- Picking up prescriptions before leaving the hospital.
- Helping you get settled at home and possibly staying with you.
- Scheduling follow-up appointments with your doctor. After your surgery/procedure, your doctor or nurse will give you and your care partner instructions about when to see your doctor next. When you call for an appointment, say it is for hospital follow-up.
- Discuss with your doctor any limitations you may have after your surgery.

Contact Us

Should you have any further questions, please call Jill at 810-694-1962.

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