



Ear, Nose, Throat & Plastic Surgery Associates, P.C.

Videostroboscopy

Dr. Chmielewska

YOUR VIDEOSTROBE IS SCHEDULED FOR _____

If you need to cancel, please give us 24 hour notice (810-694-0600).

What to Expect:

This 20 minute diagnostic test is done to look at the vibration and motion of your vocal cords. The procedure is painless and allows us to see and evaluate your vocal cords in order to diagnose voice problems, such as hoarseness.

First, we use a topical spray to numb your nasal passages and throat. A thin, flexible tube (called an endoscope) will be inserted into one nostril, through the nasal cavity and into the throat to view the vocal cords. At the end of the scope there is a camera and fiber-optic strobe light that allows us to see and record your vocal cords. Dr. Chmielewska will ask you to repeat certain sounds, such as “ee” in order to see how your vocal cords are working. This recording is then reviewed with you as well as diagnosis and treatment options.

Sometimes a rigid scope (a thin, metal tube) is used instead. In this case, instead of going through your nose, it will be inserted in your mouth and will peer over the back of your tongue to visualize your vocal cords.

You may feel numb for 30 to 45 minutes after the procedure.

How to Prepare:

There are no special instructions for this test.